

Healthy Company Client Information & Consent Form 2026



Surname																										
First name(s) (as per identity document)																										
ID or passport number																Telephone										
Email																										
Physical address																										
Unit/Suite number																Complex/Building										
Street number																Street name										
Suburb																										
City																Postal code										
Preferred form of communication	Cell		Email																							
Preferred language																Medical Aid	Yes		No							
Emergency contact person																										
Telephone																										
Alternative contact person																										
Telephone																										
Employer																Branch										
Has this service been used before?	Yes		No																							
Self-Referral		Informal Referral		Formal Referral		By whom																				
Has formal feedback been requested?	Yes		No		if yes, attach a copy of the EAP Company Formal Referral Form																					

Informed Consent & Confidentiality

I, _____, (full name) give my informed consent to attend psychotherapy / counselling by a psychologist / social worker / registered counsellor. The process has been explained to me and I understand that all information will be treated as confidential. However, in certain exceptional circumstances, legal or professional rules may force the therapist to disclose information about the client. This will include:

- Emergency situations: Should a situation develop where the therapist believes that there is a real risk that the client may harm themselves, another person or poses a risk to the organisation, the psychologist / social worker / registered counsellor will be compelled to take the necessary steps to prevent such harm, even if this may entail breaching the confidentiality agreement.
- Statutory duty: A provision in a legal act may oblige the psychologist / social worker / registered counsellor to disclose confidential information about the client.
- Court orders: A court may order the psychologist / social worker / registered counsellor to disclose private information. In terms of the psychologist / social worker / registered counsellor's professional rules however, the psychologist / social worker / registered counsellor must endeavour to do everything possible to prevent the disclosure of the clients' private information.

I understand that all my rights as a client are protected in terms of the regulations set by the Health Professions Council of South Africa and / or South African Council of Social Workers.

Signature		Date	D	D	M	M	Y	Y	Y	Y

If referred by my place of employment, I give permission for verbal and/ or written feedback/ reports to be given to this source and I understand that feedback given will be discussed with me beforehand. I have read and understand the above-mentioned policy and am willing to undergo the psychotherapy / counselling under these conditions. I have also read, completed, and signed the Formal Referral Form with my manager.

Signature		Date	D	D	M	M	Y	Y	Y	Y

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